



TRAINING DIRECTORY

SPORT	TRAINING VENUE	TRAINING DAY	TRAINING TIME	CONTACT
Tennis	Collaroy Tennis Centre, Pittwater Rd, Long Reef Cost \$10pw	Monday School terms	6-7.30pm	Kathryn Fadeev Ph: 9971 7562
Fitness	The Gymnasium, Sydney Academy of Sport, Wakehurst Parkway, Narrabeen Cost \$80 per term or \$10 pw. casual	Monday School terms	5.30-6.30pm	Margot Zaska Ph: 9006 3723 Email: MZaska@DSR.NSW.GOV.AU
Basketball	Sydney Academy of Sport, Basketball Stadium, Wakehurst Parkway, Narrabeen Cost \$60 per term or \$10 pw. casual	Tuesday School terms	5.30-6.30pm	Margot Zaska Ph: 9006 3723 Email: MZaska@DSR.NSW.GOV.AU
Aquaerobics	War Veterans Village, Veterans Parade, Collaroy Plateau Cost \$2 pw.	Wednesday	5-6pm	Lyn Foley Ph: 9913 3295 Email: foleyfamily@exemail.com.au
Golf	Long Reef Golf Club Anzac Avenue, Collaroy NB: Numbers are limited Cost: \$10 pw	Wednesday	4-5.30pm	Judy Buckley Ph: 9452 4595
Aquatics	Summer: Pittwater House, South Creek Rd, Dee Why Winter: Warringah Aquatic Centre, Aquatic Drv, Allambie Heights Cost: \$7 pw.	Thursday	7-8pm 7.30-8.30pm	Lyn Foley Ph: 9913 3295 Email: foleyfamily@exemail.com.au
Rythmic Gymnastics	Tramshed Pittwater Road Narrabeen Cost: \$10pw	Thursday	4.30-6.30pm	Bev Hull Ph: 9981 2470 bev hull@optusnet.com.au
Track & Field	Sydney Academy of Sport, Running Track, Wakehurst Parkway, Narrabeen Cost \$60 per term or \$10 pw. casual	Friday	4.30-5.30pm	Margot Zaska Ph: 9006 3723 Email: MZaska@DSR.NSW.GOV.AU
Ten Pin Bowling	Dee Why RSL AMF Bowling Cost: \$18 for three games; \$12 for two games	Saturday	9.00- 11.30am	Lyn Foley Ph: 9913 3295 Email: foleyfamily@exemail.com.au
Softball/T-Ball	Clark Road School Cost \$2 pw.	Sunday	10-11am	"Olly" Regan 0417 414 049 (AH) Email: Jalregan@aol.com
Bocce	Clark Road School Cost \$2 pw.	Sunday	11-12pm	
Bocce	Narrabeen RSL Bowling Green, 116 Nareen Parade, Narrabeen Cost: \$2 pw	Sunday Commencing September 13	10.30am- 12pm	Lorraine Clark Ph: 9970 7370 Email: lainie47@bigpond.com
Skiing	A ski camp is held annually to coincide with Competitions for skiers with disabilities Cost: TBA	Last week in August 23-30		Brig Lorenz Ph: 9913 3295 Email: brig_lorenz@ozemail.com.au

***** Contact must be made with the relevant Sports Co-ordinator before attending any sport as some restrictions may apply.**

Senior Sports Co-ordinators: Brig Lorenz 0416 181 075 or Peter Langthorne: 0402 134 376